



本會將於2024年9月9至14日(共六日), 舉辦初、中級班課程。名額有限, 歡迎追求自身健康及慈悲救人心懷的同學儘速報名, 報名截止日期為2024年9月2日。

Longevity Vancouver will be offering a 6-day PRIMARY & INTERMEDIATE COURSE program from 2024 September 9 to 14. We welcome compassionate people with an interest in health and wellness to attend. Seats are limited, please register and reserve your seat as soon as possible. The last date for registration is September 2, 2024.

上課地點 CLASS LOCATION

949 West 49th Avenue, Vancouver, BC, Canada, V5Z 2T1 (Vancouver Unitarians)

上課時間 COURSE SCHEDULE

Course 班級	Date 日期	Sign-In 報到及調整	Class Time 上課時間
初級班 Primary Course	September 9, 2024 Monday	5:30PM - 6:00PM	6:00PM - 9:00PM
	September 10, 2024 Tuesday	5:40PM - 6:00PM	6:00PM - 9:00PM
	September 11, 2024 Wednesday	5:40PM - 6:00PM	6:00PM - 9:00PM
中級班 Intermediate Course	September 12 2023 Thursday	5:40PM - 6:00PM	6:00PM - 9:00PM
	September 13 2023 Friday	5:40PM - 6:00PM	6:00PM - 9:00PM
	September 14 2023 Saturday	1:40PM - 2:00PM	2:00PM - 6:00PM (3:30PM - 4:30PM Potluck)

學費 COURSE FEE

本課程不收學費, 但因上課場地及調整站的租借、老師的機票、教材及行政事物支出都需要經費, 故而敬請隨緣贊助。

In lieu of charging course fees we welcome donations from all capable participants to support location rental, reading materials, and travel expenses for our delegated lecturer from Taiwan.

線上報名 ONLINE REGISTRATION

<https://forms.gle/B25nRUnDtAQXbyXG8> (Google Form)

如需協助報名, 請到就近調整站尋求義工協助。

For registration assistance, please visit the nearest adjustment centre and ask a volunteer to help.

電話查詢 TELEPHONE INQUIRIES

Helen Chiang 江慧貞 604-805-9390
Mrs. Pan 潘玟如 778-919-8495
Margaret Cheung 778-995-3839



學員請遵守下列事項 IMPORTANT NOTES FOR PARTICIPATION IN CLASSES

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| 1. 確保出席六天課程, 請勿遲到早退。 | 1. Punctuality and attendance for the full duration of classes are required. No exceptions. |
| 2. 請自備飲水及文具用品。 | 2. Please bring your own drinking water, pen and paper. |
| 3. 請勿帶非學員或幼童入場。 | 3. Only registered students are allowed. Please do not bring young children to classes. |
| 4. 上課期間請將手機關掉。 | 4. Please switch off cellular phones. |